



DISTRICT TWELVE **Call to Conference**

May 15th-17th, 2026
SEMIAHMOO RESORT
BLAINE, WASHINGTON

We Invite YOU and Welcome You

to our **71st District Twelve Annual Conference** at the beautiful **Semiahmoo Resort** in **Blaine, WA, May 15-17, 2026!** We have an exciting Conference planned for and with **YOU**.

So much happens at our annual Conference!

While we have all been **"Building Our Tomorrow Today"** through all that members and Clubs are accomplishing towards building bridges, with and for the people in our communities and around the world, we celebrate the strides Altrusans are making through deeply impactful service and reaching out to others in leadership, service, membership, community awareness, and more.

This amazing Conference is for **all District Twelve Altrusans**. So come and enjoy learning more about Altrusa, improving skills, building strategies, networking with other members throughout our District, experiencing friendships, learning from our British Columbia, Canada members about different ways in which Altrusa is conducted in Canada, all while joyfully celebrating our dedication to the universal principles of Altrusa.



At Conference, we celebrate, we aspire, we reach, and we persevere to advance our goals and plans for our Clubs and our District as we lead toward better communities.

Conference gives **YOU** the "bigger picture" of Altrusa International. So read every page of this **"Call to Conference"** and [REGISTER](#) today. You'll be happy you came!

Discuss Conference with your Club members and encourage them to attend with **YOU**. The professional-level training is well worth bringing along an Altrusa buddy so that when you return to your Club, you can share what you learned and inspire others to do the same to move your Club forward.

There are fun times at this Conference, too. Be it the carnival games during Friday Fun Nite, walks along the beach, birdwatching in the headlands, playing pickleball, crafting stations, or nighttime s'mores at the fire rings...there's enjoyment for everyone.

Looking forward to seeing **YOU** at Conference this May!

Julie Livingston, Governor
Altrusa District Twelve



WELCOME TO CONFERENCE 2026

Hello and welcome from your 2026 District Twelve Conference co-chairs! We are beyond excited to share the amazing conference our committee and board have planned for you. This year our lead host club, **Longview-Kelso Washington**, has partnered with our Canadian neighbor clubs, **Campbell River and Nanaimo** - bridging countries, as well as communities, to bring you a very special experience designed to enrich, enlighten, and enhance. Dare we say there could not be a more picturesque location than **Semiahmoo Resort in Blaine, Washington**? Blaine is known as "**The Gateway to the Pacific Northwest**" and its motto is "**Where America Begins**". It's a quaint seaside community with a walkable waterfront, fresh local dining options, a maritime museum, and, of course, lots of shopping.

From the Semiahmoo Resort you can enjoy breathtaking views of Mt. Rainier and the surrounding Salish sea. Opportunities abound to enjoy the scenery while learning something new, reacquainting yourself with old friends, and making new ones.

We invite you to *carefully* read through this Call to Conference. It's packed full of information regarding registration, resort reservations, conference workshops, and more. A huge call out to **Lynn Norton**, from **Campbell River**, BC club. As our committee liaison for our Canadian Clubs, chair of Friday Fun Night and co-chair of our Workshops Committee, she's been toiling away behind the scenes to ensure our conference is both educational and entertaining. Our fantastic conference committee and board members have been working hard to ensure this is a valuable and memorable event. This **Call to Conference** is jammed full of useful information; please do not hesitate to reach out to us with questions at trece.eden@gmail.com or kerby1@centurylink.net

by **Trece Eden & Ilona Kerby**

Conference Co-Chairs

Altrusa Longview-Kelso, Washington

 **Step 1**

Get Excited



We would like to acknowledge that our 2026 conference will be held on the native lands of the **Semiahma nation** and share a little of their story: *"The Semiahma are a proud and determined trans-boundary nation located in both Canada and the United States. While our traditional territories are now divided between the two countries, we remain closely connected to the Lummi & Nooksack who live in the United States. Before the arrival of European settlers, our peaceful way of life was oriented to the sea, dominantly focused on fishing for sustenance".*

Semiahmoo has several meanings all rooted in the traditional language and culture. The one we like best is "Hole in the Sky". This refers to the rain shadow effect of the Olympic Mountains, where it often rains in surrounding areas but remains dry at Semiahmoo.

Here's looking for dry weather in May!

 Step 2

REGISTER

Our Altrusa District Twelve “**Building Bridges and Serving Communities**”

Conference 2026 is where friendship, fun, and learning come together to inspire you as an Altrusan. Please join us on **Thursday, May 14** for a reception and opening ceremony practice and then **May 15-17** for the full Conference at Semiahmoo Resort and Spa in **Blaine, WA**.

Click **HERE** to Register
It's EASY!

What You Need to Know When Registering

CHECK OUT “FEE”: NONE!

Members, please note that a *contribution to Zeffy* is **NOT** required at checkout, and **100%** of the funds go to **District Twelve**. When you get to this box, you can choose to leave the auto-populated contribution, or you can change it to \$0, as it shows in the image below:

Help keep Zeffy free for Altrusa International District Twelve ❤️ (optional)

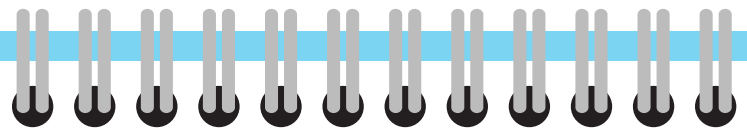
Your generosity allows Altrusa International District Twelve to use Zeffy's 100% free fundraising and emailing platform with unlimited support, making your impact even stronger.

[Learn more](#)

Other ▼

Contribution

0.00 \$



Register Online

The full 3-day Conference registration cost is \$310, which includes Friday and Saturday meals. One-day registration and guest options are also available. Registration may be paid for with a credit card, or you have the option to mail a check.

To **REGISTER** Altrusans, Guests, or ASTRA, with payment online or by mail [CLICK HERE](#) or use the Registration link or QR code below.



An email confirmation will be sent for each registration. If you experience any difficulty with the online registration process, please contact Registration Co-Chairs **Nicole Jaki** at altrusa12conference@gmail.com or **Ramona Leber** at ramona.leber@cni.net or 360-261-3971.

DISCOUNT CODES

If you received a **Discount Code** from Governor Julie Livingston, please enter the code in the box below when you check out, **AND CLICK “CHECK”** to apply the code!

If you have never attended District Conference, use the “**FRT**” code for **First Timers** to receive the **\$25 discount**.

That code is only for first-timers.

Summary

Discount code

Add your discount code here

Check

DISTRICT TWELVE Call to Conference 2026

MORE REGISTRATION

Paying by Check

- ✓ Registrations and checks may be mailed but must be **received by April 7th.**
- If there is any question about the timing, you must contact **Nicole Jaki** at altrusa12conference@gmail.com
- to provide your registration information so it can be entered manually, and then still have your form and check mailed and postmarked by **April 7th.**
-

Registration Cancellations, Refunds & Credits:

Note: Per District Twelve Policy VII. C. 8, requests for Conference **refunds** for a member who needs to cancel their registration will be granted and a full refund given provided that the request is made in writing via mail or email and received by the District Governor by **April 30.**

Email refund requests to **Governor Julie Livingston** at LivingstonJulie2@gmail.com

On or after **May 1st**, registered members who can no longer attend can request a **conference credit** to be used at next year's conference. This request must be made in writing via mail or email and received by the District Governor prior to the opening conference events on **May 14th**. Approval of conference credits are typically reserved for critical health issues. This credit is non-transferable.

The **REGISTRATION DEADLINE** for Conference is **Wednesday, April 7, 2026.**

There is **NO** late registration.



I think the best thing about attending conference was the warm reception I received from all attendees, especially the wonderful members from Gig Harbor. The food was fabulous and the accommodations were lovely...Some of the pomp and circumstance at conference is not for me although I would not fault those who enjoy that...Attending improved my understanding of Altrusa. I met people who thrived on the necessary politics needed to run the organization... I also met people who just wanted to participate in good causes. I decided from that conference that I was part of the latter group.

Holly Batsford, Gig Harbor First Timer



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Step 3

Book Your Resort Room

At Semiahmoo Resort IN BEAUTIFUL

Blaine, Washington!



Surrounded by the **Salish Sea**, Semiahmoo is a casual Northwest seaside resort that provides an authentic **Pacific Northwest** experience for everyone. And did we mention that there's a **spa**? Standard Rooms include two queen or one king-size bed with an en-suite bathroom. If you wish to **extend your stay**, you can reserve rooms for the nights of **May 11, 12, 13 and May 17, 18, 19** at our **discounted room rate**, and those nights will count toward the District's minimum.

CHECKLIST



Hotel
registration
opens on
February 7,
2026.



Semiahmoo Resort & Spa
9565 Semiahmoo Parkway, Blaine, Washington 98230

Click [HERE](#) to Reserve Your Room



[\(855\) 917-3767](tel:(855)917-3767)

Group Booking Code **52415A**

Conference pricing is \$189 per night plus 9% sales tax and 2% room tax.

11% sales and room tax not included in rates

Room rates are based on double occupancy, with a \$20 per person, per night charge for additional guests.



The deadline for room reservations at this rate is 5:00 p.m. Monday, April 13.

 Step 4**What to Pack**

Club Banner
 Extra Snacks
 Altrusa Pin
 Cash
 Club Displays
 Raffle Items
 Tote Bag
 Comfortable Shoes
 Sweater or Light Jacket
 Wine Opener / Bottle
 Opener for evening get-
 togethers with old and new
 friends!

**GET
READY****What to Wear**

We all know May weather can be unpredictable in the Pacific Northwest. We could have sunny blue skies or cloudy cool weather with coastal breezes. Since all meetings and meals are within the hotel, bring comfortable BUSINESS-CASUAL clothing for the Business Sessions and Workshops. Meeting room temperatures can vary, so dressing in layers is wise. No matter the function, COMFY Shoes are a must—particularly if you're walking outside around the hotel's beaches.

AND REMEMBER YOUR PASSPORT IF CROSSING THE US/CANADA BORDER

Club Raffle Baskets

Over the years, clubs have put together **beautiful and bountiful baskets** of various treasures from their area of the district or specialty items that other Altrusans would love to have. These baskets are gifted to be raffled off, used as a silent auction item or may be added to the live auction at the Saturday night banquet. Have fun coming up with ideas and themes for the baskets; maybe a literacy themed basket featuring a favorite author, party basket, gardening items, wine basket or jewelry. Your imagination is the only limit. Items in the regular raffle will be for the benefit of **District Operations**. The auctions will **benefit District and International Foundations**.

Please email **Debbie McBee** at mmcbeed@aol.com by **Monday, April 26** with a brief description of your donated item and its approximate value. Then, bring your item to the "Stars" Fundraising Room on Thursday afternoon when you arrive at Conference. If you're unable to notify Debbie in advance, your donation will still be happily accepted. However, sharing the information in advance is greatly appreciated and helps us prepare.

Thank you for your generosity and support!

DISTRICT TWELVE Call to Conference 2026



GET READY

to

ROCK

In Your Very Own



ALTRUSA WEAR

The design for our Conference 2026 T-shirt is sapphire blue with our colorful Conference logo on the front and the back has

"Ask me why I ♥ ALTRUSA."

They are in unisex sizing (not women's sizing) and cost \$25.

Sizes range from Small to 3XL.

The shirts are designed in such a way that they can be worn for your Club service and fundraisers.

Our printer will **accept orders** up until **March 15, for receipt by May 10**. These shirts get mailed directly to you or whatever address you list in your order. With postage increases, the USPS shipping rate is about \$15. If you want to **save some of the expense on shipping, your club can order multiple shirts in one order** and just get charged one shipping fee—or you can order individually.

Note: your billing statement for this order will have a Louisiana address on it. It's legit. **Proceeds benefit District Twelve operations.** Last year's T-shirts helped raise \$800 for our District. Thank you!!!

Check out the photos and order YOUR OWN fun logo

Short Sleeve Click [HERE](#); Long Sleeve Click [HERE](#); Sweatshirt Click [HERE](#)

CLUB DISPLAYS



This year, each club will have a table to use for their club display! It will be located in the hallway next to Registration and Credentials.

We are asking each club to bring and share **one trifold board** highlighting all the exciting things your club has done this past year. This is an opportunity to showcase your club's amazing service projects while simultaneously offering inspiration to other clubs. Other items that can sit comfortably on the table with your trifold board can be included in your club display.

Please email **Bonnie Canaday Coumbs**, Club Display Coordinator at bcanaday38@gmail.com to confirm your club's table displays by **April 15th, 2026**.



It's Time to Sing Your Own Praises

INTERNATIONAL SERVICE AWARDS

The various International Service Awards are your chance to share the amazing work your club does to improve your community and the world. Winners are announced at our District Twelve Conference and then the first-place winning projects are sent on to be considered for awards at the International level. We encourage every Club to submit a nomination for each of these awards, sharing the impactful contributions that you have made in communities.

AWARD ENTRIES MUST BE RECEIVED NO LATER THAN

MARCH 31

IN ORDER TO BE CONSIDERED.

See contact information for each award in the descriptions below.

Click [HERE](#)

to log in to our District Twelve website, then click on the "District Awards Resources" tab for the criteria and applications for the Mamie L. Bass, Letha H. Brown and Dr. Nina Fay Calhoun awards.



MAMIE L. BASS SERVICE AWARD

Outstanding service to the community through hands-on service. This is your chance to showcase a project that is making a big impact in your community. Email your entry or questions to District Service Chair **Susan Swearingen** at sswearin8@hotmail.com

DR. NINA FAY CALHOUN INTERNATIONAL RELATIONS AWARD

Outstanding **club achievements** in international relations. Share how your club is reaching out beyond our borders to make a difference around the world. Email your entry or questions to District International Relations Co-Chair **Ann Fialka** at fialka@charter.net



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Gwladys Brewster Outstanding Altrusan Award



Gwladys Brewster

By **Debbie McBee**, Immediate Past Governor

For 35 years, the Gwladys Brewster Outstanding Altrusan Award has honored an Altrusan whose service, leadership, and dedication reflect the very heart of Altrusa. This prestigious award, named in honor of Past Governor Gwladys Brewster of Nanaimo, BC, recognizes a member whose consistent commitment strengthens their club, uplifts others, and creates lasting impact.

Altrusa is built on volunteer service. Taking time to recognize a member's dedication affirms that their efforts—often given quietly and without expectation—are valued and appreciated. Honoring an Outstanding Altrusan is not about elevating one member above others—it is about expressing gratitude and celebrating the values that define our organization. A nomination also showcases the club's culture of leadership, service, and mutual support while inspiring all members through example.

Eligibility

To be eligible, Gwladys Brewster Outstanding Altrusan nominees must be **current active members** of a District Twelve club with a strong record of service. Past Governors, Emeritus members, and previous recipients are not eligible.

The District Twelve Board has recently **streamlined the application**, which now includes checklist items and two brief narrative responses, making it easier to complete while still allowing the nominee's impact to shine. Nominations must be received **BY MARCH 31** and should be submitted to Immediate Past Governor Debbie McBee.

Click [HERE](https://www.altrusadistricttwelve.org) to access the fillable application or go to the District Twelve website (www.altrusadistricttwelve.org) under the "District Awards" tab or by emailing Debbie, and may be submitted by mail or by emailing it to Debbie McBee at mmcbeed@aol.com

In most clubs, the current Club President and/or one to two members designated by the President are responsible for selecting the Outstanding Altrusan nominee and submitting the application.

All nominees are honored at the District Twelve Conference in May, where their service and dedication are celebrated in front of fellow Altrusans. The Award recipient receives a Lamplighter pin, certificate, and a \$500 donation made in their name to the Altrusa International Foundation—symbolizing both recognition and lasting impact.



Prior Recipients

1992	Dorothy Manring, Lake Washington East, WA
1993	Ruth Conrad, Spokane, WA
1994	Pat Wheelhouse, Hermiston, OR
1995	Ruth Winn, Olympia, WA
1996	Ella Meyer, Walla Walla, WA
1997	Isabel Hawkins, Spokane, WA
1998	Lillian Butler, Yakima, WA
1999	Helen Hansen, Corvallis, WA
2000	Dorothy Gaspardone, Nanaimo, BC
2001	Bernice McClellan, Roseburg, OR
2002	Karen Ansteth, South Pierce Co., WA
2003	Ann Pyfer, Puyallup Valley, WA
2004	Mildred Scheel, Spokane, WA
2005	Nancy Bucknell, Olympia, WA
2006	Susan Stansbury, Roseburg, OR
2007	Marean Workman, Nanaimo, BC
2008	Jackie Smith, Pendleton, OR
2009	Jerry Bailey, Olympia, WA
2010	Mary Marshall, Roseburg, OR
2011	Lois Simko, Olympia, WA
2012	Marian Graham, Olympia, WA
2013	Trish Irwin, Albany, OR
2014	Anita Pennington, Olympia, WA
2015	Karen Gerrits, Olympia, WA
2016	Edith Holt, Hermiston, OR
2017	Julie Baldwin, Yaquina Bay, OR
2018	Beth Lanfear, Lake Washington East, WA
2019	Pat McClintock, Pendleton, OR
2020	Sharon Emenegger, Corvallis, OR
2021	Evelyn Brookhyser, Yaquina Bay, OR
2022	Janet Brougher, Spokane, WA
2023	MaryAlice Ridgway, Pendleton, OR
2024	Dena Burian Blacklaw, Albany, OR
2025	Karen Mills, Corvallis, OR
2026	...???

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INTERNATIONAL SERVICE AWARDS (CONTINUED)



LETHA H. BROWN LITERACY AWARD

Outstanding service to the community through literacy projects. We know your club has been working to improve literacy in your community - tell us about it! Email your entry or questions to District Literacy Committee Chair **Kim Gardner** at kjgardner13@gmail.com



ASTRA SERVICE AWARD

Outstanding achievements in service by ASTRA members whose service projects meet needs in their local or school communities. Email your entry or questions to District ASTRA Chair **Debbie McBee** at mmcbeed@aol.com.

The ASTRA award must be received by **March 1st**.

Additional resources are available on the [District Twelve](#) & [International Websites](#)

Download the fillable application [HERE](#)

This year we are supporting the “Teal Bag Program” in partnership with the “Other Bank” program, which are menstrual supply programs that provide hygiene products to those in need. These programs distributed 300 bags last year but we need so many more items for the bags.

Lorena Shah, Director of Operations for the Opportunity Council covers the Ferndale and North Whatcom counties, where Semiahmoo is located.

Please bring any of the following unopened hygiene items to the Conference Registration room at Check-in on Thursday afternoon, May 14th from 4 – 6 pm.

All items will be delivered to the Opportunity Council immediately after the Service Luncheon on Friday, May 15th.

Click [HERE](#) to make a DONATION



2026 Conference TEAL BAG PROGRAM

by **Susan Swearingen**, District Service Chair

SERVICE PROJECT

ALWAYS Ultra-Thin Pads with Wings

Daily Fresh Thin Liners – Unscented

TAMPAX Pearl Tampons Regular – Unscented

TAMPAX Pearl Tampons for Women

DISTRICT TWELVE Call to Conference 2026

District Membership Awards



No entry form is necessary – all you've got to do is recruit and keep members!

The District Membership awards will be based on membership as a percentage of total club membership. Each category will include a \$50 check to the club and a Certificate of Recognition. The year will be calculated from **June 1 to May 1**, to allow time for calculating the totals before Conference.

Categories are:

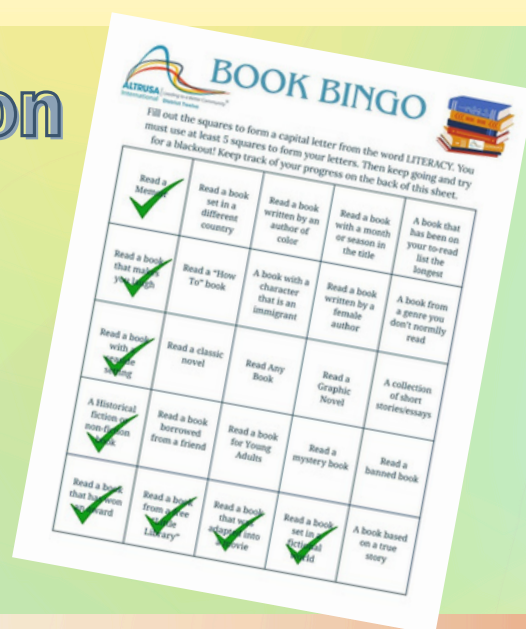
MOST NEW MEMBERS RECRUITED IN THE YEAR
BEST RETENTION RATE IN THE YEAR
MOST NEW YOUNG PROFESSIONALS RECRUITED IN THE YEAR

District Literacy Recognition



by **Kim Gardner**
District Literacy Chair

Clubs that have completed **three or more literacy projects** this year and have included **one new demographic** within their community, will be recognized at the Conference. Altrusa members that have completed the **Book Bingo** challenge will be recognized at the Conference. Please email your entry information, or questions, to the District Literacy Chair, **Kim Gardner**, at kjgardner13@gmail.com



ATTENTION ALTRUSA PHOTOGRAPHERS



We're inviting everyone to contribute informal snapshots alongside our professional photos this year. At the Conference, please use your phones to capture moments from speakers, workshops, and presentations. You'll find instructions on how to upload your pictures to a shared album, which is easy to do—volunteers will be available if you need help. After the event, all attendees will have access to the complete collection of photos. A special thanks to **Glenda Schuh**, who will continue providing professional photography during the Banquet Night for group photos and throughout the event.

 **Step 6**

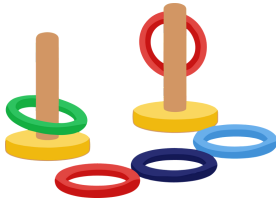
Have a **BLAST!**

FRIDAY

FUN! Night

CARNIVAL

6:30-9:00 PM



Start warming up those arms for our **Friday Fun Night Carnival!**

Dress up in your favorite carnival-themed attire - maybe channel your inner lion tamer, ring master, acrobat, strong man (or woman), clown, or come as you are...casual and comfy.

Prepare yourself for an hour and a half of fun, knocking down milk jugs, tossing rings at different targets, and a fun ping pong ball game. There are five games in total. Who will earn a prestigious CERTIFICATE and the bragging rights of being the "Carney's" best player and, more importantly, the best club?

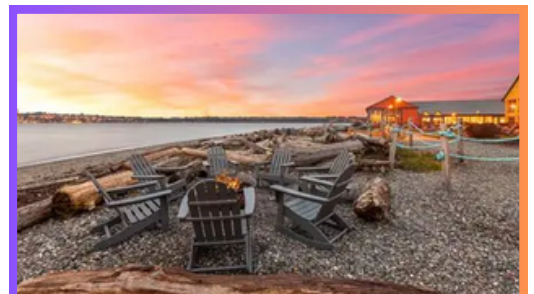
Friday Fun Night promises to be a barrel of laughs!

FRIDAY NIGHT BEACHSIDE BONFIRE AND S'MORES!

Cap off your Friday Fun Night Carnival fun with an extra dash of magic! Join fellow Altrusans for a **private beachside bonfire** at the firepits, where the bay sparkles and White Rock glows in the moonlight. From 9-11 PM, unwind under the stars, toast marshmallows, and build the perfect s'mores while relaxing fireside with friends old and new. Feel free to bring your water or wine and soak in this cozy, magical finale to an already wonderful day.

Just show up- and linger as long as you'd like.

S'mores kits are provided for you! (Weather permitting)



KEYNOTE SPEAKERS

ASTRA

Miracle Edmiston, Pendleton ASTRA

Miracle Edmiston attends Pendleton High School as a junior. She is the President of the ASTRA Club of Pendleton, OR, and the Chairwoman of the CTUIR Tribal Youth Council. She is an active student body leader. Miracle served as a Youth Ambassador this past summer, representing her town, state, and country in Japan. She has accolades in Toastmasters and National Honor Society and is a PHS Citizenship Cup recipient. Miracle is also a student-athlete and has varsity letters in cheerleading, tennis, and dance.



ASTRA Alumni

Enfernee Jay (EJay) Pangilinan, Roseburg ASTRA

Enfernee Jay (EJay) is a Roseburg High School ASTRA alumnus, actively involved in ASTRA from 2018 to 2021. During this time, EJay contributed to meaningful service initiatives, including leading a lantern-folding activity for children at the Celebration of Literacy Reading Fair, coordinating supply drives, and baking treats for local nonprofit organizations. EJay earned a Bachelor of Science in Nursing from the University of Portland in May 2025. Currently preparing for the NCLEX licensing exam, EJay is exploring nursing opportunities in the Portland area, bringing his passion for community service and patient care to the healthcare field.



International Relations & United Nations

Sarah Johnson, Albany, Oregon

Sarah Johnson, a Past Governor (2021-2023) and Altrusa member since 2005, currently serves on the Altrusa International United Nations Committee. For 80 years, Altrusa International has been an official observer at the United Nations—the first international service club to hold this status. In her presentation, Sarah will discuss how Altrusa advances the UN's Sustainable Development Goals and the far-reaching impact of their projects. She will provide concrete examples of recent initiatives linked to these goals and explain how clubs can use their relationship with the UN to strengthen grant applications, earn awards, and boost public relations efforts.



Service and Leadership

Tami Atkinson, Yaquina Bay Club

Tami joined Altrusa in 2009. Her primary club is Yaquina Bay where she is currently serving as Co-Secretary and served as Club President in 2010-2011. Tami's secondary club is Albany, where she previously served as Secretary. Tami currently sits as Director on the District Twelve Board and chaired the District Nominating Committee in 2022-2024. Previous service also includes representing District Twelve on the International Strategic Planning Committee.

Tami is now retired from a career in 9-1-1 and has worked as a Training Coordinator for the State of Oregon's 9-1-1 Telecommunications Certification Academy, instructing police, corrections and leadership classes.



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FIRST TIMERS WELCOME!

If this is going to be your **FIRST TIME** at our District Conference, **WELCOME!** We're excited that you'll be joining us! You'll learn a lot and make new friends while being inspired and having a ton of fun.



Here are a few insights to help you as you plan for Conference:

- **Register for Conference early** - and please note the **\$25** First-Timer **registration discount**.
- **Reserve your Semiahmoo Hotel room early** - check with your club members about potentially sharing a room and carpooling or taking the train to Conference.
- **Order an Altrusa t-shirt** if you want one (see link in this Call to Conference, page 6)
- **Learn more** about District Conference by attending the **"Know Before You Go"** information session on April 27 at 7:00 pm on Zoom – see link in this DSB
- When you get checked in to the hotel, find the Conference Registration area on the first floor to **get your name badge, meal tickets, and program**.
- Throughout Conference, enjoy the keynote speakers at meals, attend workshops that interest you, **participate** in the more formal business sessions, **help** with a hands-on service project, **have fun** at our Friday Fun Night Carnival, **venture out** for a morning walk, and enjoy the weekend.
- If you are a **Delegate**, you will be seated with other delegates during the business meetings. Attend the delegate briefing on **May 4th at 7:00 pm** on Zoom to know the nominations slate and be ready to vote.
- Dress is **business casual**, except for the Saturday Evening International Met Gala, or in a style that reflects where your Club has helped provide impactful service, or your own international heritage.
- **Group photos** by club will be taken on **Saturday afternoon** before the Gala.
- A **First-Timers orientation** session will be offered by Governor Julie Livingston on **Friday morning at 7:20 am** before the opening breakfast to help you become acclimated. At this session, you'll get a better idea of what to expect from Conference and have the opportunity to get questions answered, along with meeting other Altrusans who are attending Conference for their first time too.



EXPEDITOR

"I was impressed with the congenial camaraderie of the members as they shared their Altrusa experiences with me. However, the highlight of the conference for me was listening to the Keynote Speaker at the Literacy Luncheon, Mary Gentry. She was absolutely delightful".

Patty Bordelon, Coeur d'Alene First Timer

Expeditors are Altrusa members who volunteer during Conference to help during business sessions, workshops, meals and at other times. If you have questions or need assistance at the Conference, **ask an Expeditor!** Our Expeditors will be wearing **brightly colored necklaces**. A signup genius link to volunteer to **BE an Expeditor** will be sent out in **April**.



Expeditor training will be provided on **Thursday May 14, 8-8:30 pm** at **Semiahmoo!**

Conference Workshops

FRIDAY MAY 15TH**Making Your Club Unforgettable**with **Rhonda Hauter**, Past Governor, Gig Harbor

Rhonda has a wealth of experience in international branding and marketing. She will share this experience with you, along with tips and resources for you to take away to share with your club's communications team, all designed to make *your* club the 'UNFORGETTABLE' community service club in your town. She will also launch the 100% in 100 days campaign. Don't miss this workshop!

Social Media: Amplify Your Club's Presencewith **Dena Burian-Blacklaw**, Albany

Discover how to amplify your club's presence. Build Social Media networks and increase your following and engagement with hands-on skill building and a focus on planning your events. Don't just post! Instead, harness the power of social media --stop scrolling -- start growing.

Technology Support Squadwith **Sarah Johnson**, Albany & Friends

This is a collaborative session to provide assistance in areas such as technical support, design solutions, idea development, and more. We are assembling a group of members who possess specialized skills and are available to meet one-on-one with fellow members to address specific challenges. Examples include:

- Enhancing flyer layouts,
- Receiving technical support for Club Runner,
- Optimizing the use of social media applications,
- Editing photos on mobile devices, amongst others.

Each session will be approximately 20 minutes, depending on the skill required; attendees will choose their topic and reserve a time slot in advance

Three sessions will be offered: 2 Friday & 1 Saturday

Hints for Healthy Agingwith **Trece Eden**, RN, CCRN, MSN, Chief Nursing Officer & Longview-Kelso, Washington

Feeling tired? Sore? Lonely? Forgetful? Depressed? Seeking to find ways to better manage your personal well-being? Then this workshop is for YOU! Learn three simple changes you can make today to be the healthiest YOU at any age.

Open Doors, Open Hearts: A Fresh Take on Recruitmentwith **Jennifer Richart** and **Heather Hammons**, Altrusa Mid-Columbia

This workshop will help you reframe recruitment as an act of service rooted in relationships, not pressure or selling. Through interactive discussion and real-life examples, participants explore how one authentic conversation can spark powerful growth. Attendees will identify who is missing from their club's table, where to find them in everyday life, and how to invite them in ways that feel natural and welcoming. This session challenges common recruitment myths, reinforces the importance of meeting people where they are, and highlights how culture and first impressions shape retention. Participants leave with practical tools, a simple 30-second invitation, and a personal commitment to open at least one door — because recruitment isn't selling, it's service.

Difficult Conversationswith **Bettina Schempff**, Executive Director, Old Mill Center, Past District Governor, Corvallis, Oregon

Many of us have experienced situations when we had to deliver bad news, work through a conflict or give feedback that is not positive. This workshop will give you tools to understand the dynamics of difficult conversations. You will get tips on how you can prepare for conversations that might feel uncomfortable.

Designing Projects for Successwith **Tore Johnson**, Gig Harbor & **Pat McClintock**, Pendleton

Learn to develop and design your club projects using proven tools and communication techniques that will set you up for success.

Grant Writingwith **Nancy Gill**, Longview-Kelso & **Dorothy Bowen**, Pendleton

Learn about how to write a competitive grant proposal including how to answer application questions effectively and how to make it easy for judges to award you maximum scoring points.

"Conference was WAY MORE than anything I could have imagined. It was an emotional high for 3 days, surrounded by so many wonderful people, sharing ideas, stimulating our minds, energizing our bodies, uplifting our spirits. And we got to bring all that home with us to share."

Trudi Margueratt, Nanaimo, BC